

- 12 noon: Our worship begins. Please stay for as long or as short as you wish. Timings given here are approximate.
- 12 noon: Welcome and opening prayer followed by a reading of the passion of Jesus as recorded by St. Matthew
- 12.10: Short meditation on Jesus' trusting the care of his mother to the disciple, John
- 12.15: An opportunity to walk around the church, taking part in prayerful and reflective 'activities' based upon the crucifixion of Jesus.
- 12.35: A second short meditation reflecting on the suffering Jesus who was offered a sponge of vinegar to take away the pain.
- 12.40: An opportunity to walk around the church, taking part in prayerful and reflective 'activities' based upon the crucifixion of Jesus.
- 1pm: A third meditation considering Jesus' acceptance of the thief who was crucified alongside him
- 1.15pm: Stations of the Cross; this quiet and meditative service follows the events of that first Good Friday from Jesus being condemned to death by Pontius Pilate to being laid in the tomb.
- 1.50pm: We hear read Psalm 51

2pm: We shall celebrate Good Friday. We hear again the wonderful reading from Isaiah that speaks to us of the Lamb that was slaughtered for us. We shall listen to the Passion Gospel, from St John, read dramatically. A cross is brought into the Church and unveiled, poignantly striking out for us the death of Jesus on the cross; as Jesus had journeyed from Gethsemane, so the reserved sacrament is brought to the main Altar and we receive communion, in this day in one kind [bread] only. Today there is no blessing or dismissal, no music as we leave the church, we just leave at the end of the service ... just like Jesus was left alone in the tomb ... and the church is closed and locked.