

## Your guide to this coming week:

### Monday 19<sup>th</sup> August

9am – 11am FISH (Food in School Holidays)  
12pm Midday Prayer – In Church  
6pm Bellringing Practice

### Wednesday 21<sup>st</sup> August

12pm Midday Prayer – Church

### Friday 23<sup>rd</sup> August

12pm Holy Communion – In Church  
12.30pm Open Church (until 4pm)  
1.15pm Coffee Concert –  
Rachel Cannon (Clarinet) & Karen Smith (Piano)

### Saturday 24<sup>th</sup> August

11am Burial of Ashes  
1pm Wedding – Charlotte & Geoffrey

### Sunday 25<sup>th</sup> August

10am Sung Eucharist Service  
4pm Tea & Nibbles  
5pm Songs of Praise in Rectory Garden

### Coffee Concert

St. Margaret's Church, Lowestoft

### Friday 23<sup>rd</sup> August

1.15pm - 2.00pm

Rachel Cannon (Clarinet)  
Karen Smith (Piano)

We look forward to welcoming you there

*Refreshments served before & after the Concert*

### LLM Licensing of Sarah Spall

### Saturday 21<sup>st</sup> September

Norwich Cathedral

We are hiring a minibus for the event. Please put your name on the list at the back of church if you would like to go & need transport by minibus.

There will be a cost (tbc once we know numbers)

### Harvest Sunday 29<sup>th</sup> September

### 10am Harvest Festival Service followed by a Harvest lunch

More information to follow.

There will also be a sign-up sheet at the back of church nearer the time.

### CONTACT DETAILS

**Rector:** Revd. Canon Simon Stokes  
simon@stmargaretslowestoft.co.uk  
01502 573046 or 07771 520085

**Office:** 01502 561973  
office@stmargaretslowestoft.co.uk  
Tues & Wed 9am – 3.30pm & Fri 8.30am – 5pm

18.08.24

## Welcome to

ST. MARGARET'S CHURCH

LOWESTOFT



If you would like to make an offering to St. Margaret's please place your gift either on the collection plate *before* the service or use the card-reader at the back of church. Your gift supports our ongoing mission work & helps towards the upkeep of this beautiful church.

*Thank you for your kind gift.*

### Sunday 18<sup>th</sup> August 2024

### 12<sup>th</sup> Sunday after Trinity

#### 10am

#### Sung Eucharist

Presiding: Canon Simon  
Preaching: Gerda  
Reader: Sue  
Reading: Ephesians 5: 15-20  
Gospel: John 6: 51-58  
Intercessor: Sarah  
Hymns: 595, Change my heart O God &  
Above all powers both on separate sheet, 589, 146 & 736



Scan the QR Code to view this week's service booklet

*Tea & coffee are served in the Church Centre following the service. Please stay and join us.*

#### 12.15pm

#### Baptism

**Theodore Leigh Albert Miller**

#### 4pm / 5pm

**Tea & Nibbles at 4pm followed by Songs of Praise Service at 5pm**  
Outdoor – Weather Permitting

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### Services for Sunday 25<sup>th</sup> August 2024

### 13<sup>th</sup> Sunday after Trinity

#### 10am

#### Sung Eucharist

#### 4pm / 5pm

**Tea & Nibbles at 4pm followed by Songs of Praise Service at 5pm**  
In the Rectory Garden

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### Collect (Prayer of the Week)

*God of constant mercy,  
who sent your Son to save us:  
remind us of your goodness,  
increase your grace within us,  
that our thankfulness may grow,  
through Jesus Christ our Lord.*

## **Lectionary Readings**

### **Old Testament Reading: 1 Kings 2.10-12; 3.3-14**

David slept with his ancestors, and was buried in the city of David. The time that David reigned over Israel was forty years; he reigned for seven years in Hebron, and thirty-three years in Jerusalem. So Solomon sat on the throne of his father David; and his kingdom was firmly established. Solomon loved the Lord, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt-offerings on that altar. At Gibeon the Lord appeared to Solomon in a dream by night; and God said, 'Ask what I should give you.' And Solomon said, 'You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart towards you; and you have kept for him this great and steadfast love and have given him a son to sit on his throne today. And now, O Lord my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?' It pleased the Lord that Solomon had asked this. God said to him, 'Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. I give you also what you have not asked, both riches and honour all your life; no other king shall compare with you. If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life.'

### **New Testament Reading: Ephesians 5: 15-20**

Brothers and sisters, be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that

is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

### **Gospel Reading: John 6: 51-58**

Jesus said to the crowd: I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.' The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

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### **Post Communion Prayer**

God of all mercy,  
in this eucharist you have set aside our sins  
and given us your healing:  
grant that we who are made whole in Christ  
may bring that healing to this broken world,  
in the name of Jesus Christ our Lord.

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**Saturday 24<sup>th</sup> August**  
**Church Green Fete**  
**Opens from 10.30am**  
**Come along for a fun-packed event**  
Various stalls & refreshments



For Church Life, Events & Activities please scan this QR Code or visit our website:  
[www.stmargaretslowestoft.co.uk](http://www.stmargaretslowestoft.co.uk)

**Large-print Service Sheets & Hymn Books available.**  
**Toilets & Baby Changing are in the Church Centre.**