ST. MARGARET'S CHURCH

LOWESTOFT



Holy Communion for Trinity & Ordinary Time SERVICE ONE

Sunday 8th September 2024 15th Sunday after Trinity

Please feel free to sit or stand as you feel most comfortable. Congregational responses are usually shown in **bold type**, where these are also in *italics* they are normally sung.



WELCOME & Introduction

Deacon: Gerda

Presiding & Preacher: Canon Simon Stokes

We meet in the presence of God who knows our needs, feels our pain, and shares our joy.
This is the day that the Lord has made.
We will rejoice and be glad in it.

In heavenly love abiding, no change my heart shall fear; and safe is such confiding, for nothing changes here: the storm may roar without me, my heart may low be laid; but God is round about me, and can I be dismayed?

Wherever he may guide me, no want shall turn me back; my Shepherd is beside me, and nothing can I lack: his wisdom ever waketh, his sight is never dim, he knows the way he taketh, and I will walk with him.

Green pastures are before me, which yet I have not seen; bright skies will soon be o'er me, where darkest clouds have been; my hope I cannot measure, my path to life is free; my Saviour has my treasure, and he will walk with me.

The Lord be with you And also with you.

Let us worship the Lord. Thanks be to God.

Prayers of Penitence

We are invited to confess what we have done wrong using these or other suitable words

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Therefore let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

Confession (please sit or kneel)

Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God. Amen.

Almighty God, who forgives all who truly repent, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in life eternal; through Jesus Christ our Lord. **Amen.**

THE GLORIA

(If you are able, please stand to sing the Gloria)

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ,

with the Holy Spirit, in the glory of God the Father. Amen.

THE COLLECT (Prayer of the week - found on the pew sheet)

Lord God,

defend your Church from all false teaching and give to your people knowledge of your truth, that we may enjoy eternal life in Jesus Christ our Lord. THE LITURGY OF THE WORD

(Please sit)

Before the readings there may be an all age talk

BIBLE READING

New Testament Reading. James 2:1-10, 14-17 Read by Jennifer T

My brothers and sisters, do you with your acts of favouritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, 'Have a seat here, please', while to the one who is poor you say, 'Stand there', or, 'Sit at my feet', have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonoured the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you? You do well if you really fulfil the royal law according to the scripture, 'You shall love your neighbour as yourself.' But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, 'Go in peace; keep warm and eat your fill', and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

For the word of the Lord.

Thanks be to God.

HYMN 639 - Give thanks

Give thanks with a grateful heart.

Give thanks to the Holy One.

Give thanks because he's given Jesus Christ, his Son.

Give thanks with a grateful heart.

Give thanks to the Holy One.

Give thanks because he's given Jesus Christ, his Son.

And now let the weak say, 'I am strong!'
Let the poor say, 'I am rich!'
because of what the Lord has done for us.
And now let the weak say, 'I am strong!'
Let the poor say, 'I am rich!'
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Give thanks.

Henry Smith (b.1952) 639 Words and Music: © 1978, Integrity Music.

GOSPEL READING: Mark 7: 24-end

(Please remain standing)

Alleluia, alleluia!

Glory to the Father, and to the Son, and to the Holy Spirit, one God, who was, and who is, and who is to come, the Almighty. **Alleluia!**

When the Gospel is announced:

Hear the Gospel of our Lord Jesus Christ according to St. Mark *Glory to you, O Lord.*

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, 'Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs.' But she answered him, 'Sir, even the dogs under the table eat the children's crumbs.' Then he said to her, 'For saying that, you may go - the demon has left your daughter.' So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, 'Ephphatha', that is, 'Be opened.' And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, 'He has done everything well; he even makes the deaf to hear and the mute to speak.'

This is the Gospel of the Lord. *Praise to you, O Christ.*

SERMON Canon Simon

AFFIRMATION OF FAITH

(If you would like to, please stand as we affirm our faith)

We believe in God the Father, from whom every family in heaven and on earth is named.

We believe in God the Son, who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit, who strengthens us with power from on high.

We believe in one God; Father, Son and Holy Spirit. Amen.

PRAYERS OF INTERCESSION led by Sue

(Please sit or kneel)

These responses may be used:

Lord, in your mercy, **Receive our prayer.**

At the end:
Merciful Father,
accept these prayers for the

accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

CALLING OF BANNS OF MARRIAGE, NOTICES AND TIME OF SHARING

THE PEACE

(If you would like to, please stand)

These words may be used:

We are the body of Christ, by one spirit we were all baptised into one body. Let us pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you and also with you.

DEACON: Let us offer one another a sign of peace.

OFFERTORY HYMN 742 - O for a thousand tongues to sing

(During the hymn the bread & wine are brought forward and the altar is prepared)

O for a thousand tongues to sing my dear Redeemer's praise, the glories of my God and King, the triumphs of his grace!

Jesus! the Name that charms our fears that bids our sorrows cease; 'tis music in the sinner's ears, 'tis life and health and peace. He breaks the power of cancelled sin, he sets the prisoner free; his blood can make the foulest clean his blood availed for me.

He speaks, and listening to his voice, new life the dead receive; the mournful broken hearts rejoice, the humble poor believe.

Hear him, ye deaf; his praise, ye dumb, your loosened tongues employ; ye blind, behold, your Saviour come; and leap, ye lame, for joy!

My gracious Master and my God, assist me to proclaim and spread through all the earth abroad the honours of thy Name.

CHARLES WESLEY (1707-1788)
When set to LYNGHAM the second line of each verse is sung twice, and the last line three times

With this bread that we bring we shall remember Jesus.

With this wine that we bring we shall remember Jesus.

Bread for his body, wine for his blood, gifts from God to his table we bring. we shall remember Jesus.

EUCHARISTIC PRAYER (please sit or kneel)
[The Choir may remain standing]

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise!

Lord of all life, you created the universe where all living things reflect your glory. You give us this great and beautiful earth to discover and to cherish.

You sent your Son to live among us, Jesus our Saviour, Mary's child. He suffered on the cross; he died to save us from our sins; he rose in glory from the dead, and we share his risen life.

You send your Spirit to bring new life to the world, and clothe us with power from on high. And so we join the angels to celebrate and sing:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.
Hosanna, in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Father, on the night before he died,
Jesus shared a meal with his friends.
He took the bread and thanked you.
He broke it, and gave it to them, saying:
Take and eat; this is my body, given for you.
Do this in remembrance of me.

After the meal, Jesus took the cup of wine.
He thanked you, and gave it to them, saying:
Drink this, all of you.
This is my blood, the new promise of God's unfailing love.
Do this in remembrance of me.

Father, as we bring this bread and wine, and remember his death and resurrection, send your Holy Spirit, that we who share these gifts may be fed by Christ's body and his blood.

Pour your Spirit on us that we may love one another, work for the healing of the earth, and share the good news of Jesus, as we wait for his coming in glory.

DEACON: Great is the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

THE LORD'S PRAYER

United as one body, we pray for the coming of God's Kingdom in heaven and on earth, using the words our Saviour taught us:

Our Father in heaven
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins, as we forgive those who sin against us.
Lead us not into temptation, but deliver us from evil.
For the Kingdom, the power, and the glory are yours
now and forever. Amen.

BREAKING OF THE BREAD

We break this bread to share in the body of Christ. Though we are many, we are one body because we all share in one bread.

The Agnus Dei is sung:

Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us. Jesus, redeemer of the world, grant us your peace. Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you.

Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

All are welcome to come forward to receive the bread and the wine or a blessing, it is helpful for us if you say your name when you come to the front.

An anthem is usually sung by the Choir and then a **HYMN** is also sung during Communion. (Please remain seated)

Anthem: 'Lamb of God' Webbe

Hymn: 358 - Be still, for the presence of the Lord

Be still, for the presence of the Lord, the Holy One, is here; come, bow before him now, with reverence and fear. In him no sin is found, we stand on holy ground. Be still, for the presence of the Lord, the Holy One, is here.

Be still, for the glory of the Lord is shining all around; he burns with holy fire, with splendour he is crowned. How awesome is the sight, our radiant King of Light! Be still, for the glory of the Lord is shining all around.

Be still, for power of the Lord is moving in this place, he comes to cleanse and heal, to minister his grace. No work too hard for him, in faith receive from him; be still, for the power of the Lord is moving in this place.

POST COMMUNION PRAYER

Said by a minister and found on the weekly pew sheet.

Keep, O Lord, your Church, with your perpetual mercy; and, because without you our human frailty cannot but fall, keep us ever by your help from all things hurtful, and lead us to all things profitable to our salvation; through Jesus Christ our Lord.

THANKSGIVING PRAYER

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

HYMN: 644 - God is love

God is love: let heav'n adore him; God is love: let earth rejoice; let creation sing before him, and exalt him with one voice. He who laid the earth's foundation, he who spread the heav'ns above, he who breathes through all creation, he is love, eternal Love.

God is love: and he enfoldeth all the world in one embrace; with unfailing grasp he holdeth ev'ry child of ev'ry race.
And when human hearts are breaking under sorrow's iron rod, then they find that self-same aching deep within the heart of God.

God is love: and though with blindness sin afflicts the souls of all, God's eternal loving-kindness Holds and guides us when we fall. Sin and death and hell shall never o'er us final triumph gain; God is love, so love for ever o'er the universe must reign.

Timothy Rees (1874-1939)

THE BLESSING

May the Lord bless you and keep you.

May the Lord make his face shine upon you and be gracious to you.

May the Lord lift up his countenance upon you and give you peace.

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you, be upon those you love, pray for and care for now and for evermore. **Amen.**

THE DISMISSAL

Deacon: Go in peace to love and serve the Lord. *In the name of Christ. Amen.*

or

By the power of the Spirit, we take into our community the peace and love of God.

In the name of Christ. Amen.

