



## Holy Communion for Trinity & Ordinary Time SERVICE ONE

**Sunday 22<sup>nd</sup> September 2024**  
**17<sup>th</sup> Sunday after Trinity**

Please feel free to sit or stand as you feel most comfortable. Congregational responses are usually shown in **bold type**, where these are also in *italics* they are normally sung.



### WELCOME & Introduction

Celebrating the licensing of Sarah Spall as a new Licenced Lay Minister

Deacon: Sarah  
Presiding: Canon Simon  
Preacher: Sarah

We meet in the presence of God  
who knows our needs, feels our pain,  
and shares our joy.  
This is the day that the Lord has made.  
**We will rejoice and be glad in it.**

**HYMN 621 - Dear Lord and Father**

**Dear Lord and Father of mankind,  
forgive our foolish ways!  
Re-clothe us in our rightful mind,  
in purer lives thy service find,  
in deeper reverence, praise;  
in deeper reverence, praise.**

**In simple trust like theirs who heard,  
beside the Syrian sea,  
the gracious calling of the Lord,  
let us, like them, without a word,  
rise up and follow thee;  
rise up and follow thee.**

**O Sabbath rest by Galilee!  
O calm of hills above,  
where Jesus knelt to share with thee  
the silence of eternity  
interpreted by love!  
interpreted by love!**

**Drop thy still dews of quietness,  
till all our strivings cease;  
take from our souls the strain and stress,  
and let our ordered lives confess  
the beauty of thy peace;  
the beauty of thy peace.**

**Breathe through the heats of our desire  
thy coolness and thy balm;  
let sense be dumb, let flesh retire;  
speak through the earthquake, wind, and fire,  
O still, small voice of calm;  
O still, small voice of calm.**

JOHN GREENLEAF WHITTIER (1807-1892)

The Lord be with you  
**And also with you.**

Let us worship the Lord.  
**Thanks be to God.**

## Prayers of Penitence

*We are invited to confess what we have done wrong using these or other suitable words*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.  
Therefore let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

### *Confession (please sit or kneel)*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in life eternal; through Jesus Christ our Lord. **Amen.**

## THE GLORIA

*(If you are able, please stand to sing the Gloria)*

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father. Amen.**

## THE COLLECT *(Prayer of the week - found on the pew sheet)*

Gracious God,  
you call us to fullness of life:  
deliver us from unbelief  
and banish our anxieties  
with the liberating love of Jesus Christ our Lord.

## THE LITURGY OF THE WORD

*(Please sit)*

Before the readings there may be an all age talk

## BIBLE READING

New Testament. James 3.13-4.3, 7-8a Read by Kay

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace.

Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures. Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded.

For the word of the Lord.

**Thanks be to God.**

**HYMN: 587 - *Amazing Grace***

***Amazing grace (how sweet the sound)  
that saved a wretch like me!  
I once was lost, but now am found,  
was blind, but now I see.***

***'Twas grace that taught my heart to fear,  
and grace my fears relieved;  
how precious did that grace appear  
the hour I first believed!***

***Through many dangers, toils and snares  
I have already come:  
'tis grace has brought me safe thus far,  
and grace will lead me home.***

***The Lord has promised good to me,  
his word my hope secures;  
he will my shield and portion be  
as long as life endures.***

***Yes, when this flesh and heart shall fail,  
and mortal life shall cease:  
I shall possess, within the veil,  
a life of joy and peace.***

***The earth shall soon dissolve like snow,  
the sun forbear to shine;  
but God, who called me here below,  
will be forever mine.***

JOHN NEWTON (1725 – 1807)

**GOSPEL READING: Mark 9.30-37** *(Please remain standing)*

These words may be used

Alleluia, alleluia!

Glory to the Father, and to the Son, and to the Holy Spirit,  
one God, who was, and who is, and who is to come, the Almighty. **Alleluia!**  
When the Gospel is announced:

Hear the Gospel of our Lord Jesus Christ according to St Mark.  
**Glory to you, O Lord.**

They went on from there and passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, 'The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again.' But they did not understand what he was saying and were afraid to ask him. Then they came to Capernaum; and when he was in the house he asked them, 'What were you arguing about on the way?' But they were silent, for on the way they had argued with one another about who was the greatest. He sat down, called the twelve, and said to them, 'Whoever wants to be first must be last of all and servant of all.' Then he took a little child and put it among them; and taking it in his arms, he said to them, 'Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.'

This is the Gospel of the Lord.

***Praise to you, O Christ.***

**SERMON Sarah Spall**

#### **AFFIRMATION OF FAITH**

*(If you would like to, please stand as we affirm our faith)*

**We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.**

**We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.**

**We believe in one God;  
Father, Son and Holy Spirit. Amen.**

**PRAYERS OF INTERCESSION** led by Revd. Pauline  
*(Please sit or kneel)*

*These responses may be used:*

Lord, in your mercy,  
**Receive our prayer.**

*At the end:*  
Merciful Father,  
**accept these prayers for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

**CALLING OF BANNS OF MARRIAGE, NOTICES AND TIME OF SHARING**

**THE PEACE**

*(If you would like to, please stand)*

*These words may be used:*

We are the body of Christ,  
by one spirit we were all baptised into one body.  
Let us pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you  
**and also with you.**

**DEACON:** Let us offer one another a sign of peace.

**OFFERTORY HYMN 678 - *In Christ alone***

(During the hymn the bread & wine are brought forward and the altar is prepared)

***In Christ alone my hope is found,  
he is my light, my strength, my song;  
this Cornerstone, this solid Ground,  
firm through the fiercest drought and storm.  
What heights of love, what depths of peace,  
when fears are stilled, when strivings cease!  
My Comforter, my All in All,  
here in the love of Christ I stand.***

***In Christ alone! — who took on flesh,  
fullness of God in helpless babe!  
This gift of love and righteousness,  
scorned by the ones he came to save:  
till on that cross as Jesus died,  
the wrath of God was satisfied  
for every sin on him was laid;  
here in the death of Christ I live.***

***There in the ground his body lay,  
light of the world by darkness slain:  
Then bursting forth in glorious day  
up from the grave he rose again!  
And as he stands in victory  
sin's curse has lost its grip on me,  
for I am his and he is mine  
bought with the precious blood of Christ.***

***No guilt in life, no fear in death,  
this is the power of Christ in me;  
from life's first cry to final breath,  
Jesus commands my destiny.  
No power of hell, no scheme of man,  
can ever pluck me from his hand;  
till he returns or calls me home,  
here in the power of Christ I'll stand!***

Stuart Townend (b. 1963) and Keith Getty (b. 1974)

With this bread that we bring  
**we shall remember Jesus.**

With this wine that we bring  
**we shall remember Jesus.**



Bread for his body, wine for his blood, gifts from God to his table we bring.  
**we shall remember Jesus.**

**EUCCHARISTIC PRAYER (please sit or kneel)**

**[The Choir may remain standing]**

*The Lord is here.*

***His Spirit is with us.***

*Lift up your hearts.*

***We lift them to the Lord.***

*Let us give thanks to the Lord our God.*

***It is right to give thanks and praise!***

Lord of all life,  
you created the universe  
where all living things reflect your glory.  
You give us this great and beautiful earth  
to discover and to cherish.

You sent your Son to live among us,  
Jesus our Saviour, Mary's child.  
He suffered on the cross;  
he died to save us from our sins;  
he rose in glory from the dead,  
and we share his risen life.

You send your Spirit  
to bring new life to the world,  
and clothe us with power from on high.  
And so we join the angels  
to celebrate and sing:

***Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.***

***Hosanna, in the highest.***

***Blessed is he who comes in the name of the Lord.***

***Hosanna in the highest.***

Father, on the night before he died,  
Jesus shared a meal with his friends.  
He took the bread and thanked you.  
He broke it, and gave it to them, saying:  
Take and eat; this is my body, given for you.  
Do this in remembrance of me.

After the meal, Jesus took the cup of wine.  
He thanked you, and gave it to them, saying:  
Drink this, all of you.  
This is my blood, the new promise of God's unfailing love.  
Do this in remembrance of me.

Father, as we bring this bread and wine,  
and remember his death and resurrection,  
send your Holy Spirit,  
that we who share these gifts  
may be fed by Christ's body and his blood.

Pour your Spirit on us  
that we may love one another,  
work for the healing of the earth,  
and share the good news of Jesus,  
as we wait for his coming in glory.

**Deacon: Great is the mystery of faith.**

***Christ has died;  
Christ is risen;  
Christ will come again.***

## **THE LORD'S PRAYER**

United as one body, we pray for the coming of God's Kingdom in heaven and on earth, using the words our Saviour taught us:

**Our Father in heaven  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins, as we forgive those who sin against us.  
Lead us not into temptation, but deliver us from evil.  
For the Kingdom, the power, and the glory are yours  
now and forever. Amen.**

## **BREAKING OF THE BREAD**

We break this bread to share in the body of Christ.

**Though we are many, we are one body  
because we all share in one bread.**

**The Agnus Dei is sung:**

***Jesus, Lamb of God, have mercy on us.***

***Jesus, bearer of our sins, have mercy on us.***

***Jesus, redeemer of the world, grant us your peace.***

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you,  
and his blood which he shed for you.

Eat and drink in remembrance that he died for you,  
and feed on him in your hearts by faith with thanksgiving.

*All are welcome to come forward to receive the bread and the wine or a blessing, it is  
helpful for us if you say your name when you come to the front.*

An anthem is usually sung by the Choir and then a **HYMN** is also sung during  
Communion. (Please remain seated)

**Anthem: *Author of Life Divine - McDowall***

**Hymn: 430 - Bread of heaven**

***Bread of heaven, on thee we feed,  
for thy Flesh is meat indeed;  
ever may our souls be fed  
with this true and living Bread;  
day by day with strength supplied  
through the life of him who died.***

***Vine of heaven, thy Blood supplies  
this blest Cup of sacrifice;  
Lord, thy wounds our healing give,  
to thy cross we look and live:***

***Jesus, may we ever be  
grafted, rooted, built in thee.***

#### **POST COMMUNION PRAYER**

Said by a minister and found on the weekly pew sheet.

#### **Post Communion Prayer**

Lord, we pray that your grace  
may always precede and follow us,  
and make us continually to be given  
to all good works;  
through Jesus Christ our Lord.

#### **THANKSGIVING PRAYER**

**Father of all, we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

**HYMN 652 - Guide me, O thou great redeemer.**

***Guide me, O thou great Redeemer,  
pilgrim through this barren land;  
I am weak, but thou art mighty;  
hold me with thy powerful hand;  
Bread of heaven, Bread of heaven,  
feed me now and evermore,***

***feed me now and evermore.***

***Open now the crystal fountain,  
whence the healing stream doth flow;  
let the fiery cloudy pillar  
lead me all my journey through;  
strong Deliverer, strong Deliverer,  
be thou still my Strength and Shield,  
be thou still my Strength and Shield.***

***When I tread the verge of Jordan,  
bid my anxious fears subside;  
death of death, and hell's destruction,  
land me safe on Canaan's side;  
songs and praises, songs and praises,  
I will ever give to thee,  
I will ever give to thee.***

WILLIAM WILLIAMS (1717-1791)

Translated by PETER WILLIAMS (1727-1796)

## **THE BLESSING**

May the Lord bless you and keep you.

May the Lord make his face shine upon you and be gracious to you.

May the Lord lift up his countenance upon you and give you peace.

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you, be upon those you love, pray for and care for now and for evermore. **Amen.**

## THE DISMISSAL

**Deacon: Go in peace to love and serve the Lord.**

***In the name of Christ. Amen.***

*or*

By the power of the Spirit, we take into our community the peace and love of God.

***In the name of Christ. Amen.***

