

ST. MARGARET'S CHURCH

LOWESTOFT



# Holy Communion

Ordinary time  
**SERVICE ONE**



**Sunday 9th February 2025**  
**4<sup>th</sup> Sunday before Lent**

**Setting: Farmer**

**Deacon Gill**  
**Presiding Canon Simon**  
**Preacher Rev Pauline**

## **WELCOME & Introduction**

We meet in the presence of God  
who knows our needs, feels our pain,  
and shares our joy.

This is the day that the Lord has made.

**We will rejoice and be glad in it.**

### ***HYMN 486 - Christ is the King!***

***1 Christ is the King! O friends rejoice;  
brothers and sisters with one voice  
tell all the world he is your choice.  
Alleluia.***

***2 O magnify the Lord, and raise  
anthems of joy and holy praise  
for Christ's brave saints of ancient days.  
Alleluia.***

***3 They with a faith for ever new  
followed the King, and round him drew  
thousands of faithful hearts and true.  
Alleluia.***

***4 O Christian women, Christian men,  
all the world over, seek again  
the Way disciples followed then.  
Alleluia.***

***5 Christ through all ages is the same:  
place the same hope in his great name,  
with the same faith his word proclaim.  
Alleluia.***

***6 Let love's unconquerable might  
your scattered companies unite  
in service to the Lord of light.  
Alleluia.***

***7 So shall God's will on earth be done,  
new lamps be lit, new tasks begun,  
and the whole church at last be one.  
Alleluia.***

George Kennedy Allen Bell (1883–1958)\*

The Lord be with you  
**And also with you.**

Let us worship the Lord.  
**Thanks be to God.**

### **Prayers of Penitence**

*We are invited to confess what we have done wrong using these or other suitable words*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.  
Therefore let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

### **Confession (*please sit or kneel*)**

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in life eternal; through Jesus Christ our Lord.  
**Amen.**

## **THE GLORIA**

*(If you are able, please stand to sing the Gloria)*

***Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father. Amen.***

## **THE COLLECT *(Prayer of the week - found on the pew sheet)***

Lord of the hosts of heaven,  
our salvation and our strength,  
without you we are lost:  
guard us from all that harms or hurts  
and raise us when we fall;  
through Jesus Christ our Lord.

## **THE LITURGY OF THE WORD**

*(Please sit)*

all age talk

## **BIBLE READING[S]**

**New Testament: 1 Corinthians 15: 1-11 Read by Richard**

Now I should remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you - unless you

have come to believe in vain. For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. Then he appeared to James, then to all the apostles. Last of all, as to someone untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace towards me has not been in vain. On the contrary, I worked harder than any of them—though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.

For the word of the Lord.

**Thanks be to God.**

**HYMN 621 - *Dear Lord and Father***

***1 Dear Lord and Father of mankind,  
forgive our foolish ways!  
Re-clothe us in our rightful mind,  
in purer lives thy service find,  
in deeper reverence, praise;  
in deeper reverence, praise.***

***2 In simple trust like theirs who heard,  
beside the Syrian sea,  
the gracious calling of the Lord,  
let us, like them, without a word,  
rise up and follow thee;  
rise up and follow thee.***

***3 O Sabbath rest by Galilee!  
O calm of hills above,  
where Jesus knelt to share with thee  
the silence of eternity  
interpreted by love!  
interpreted by love!***

***4 Drop thy still dews of quietness,  
till all our strivings cease;  
take from our souls the strain and stress,  
and let our ordered lives confess  
the beauty of thy peace;  
the beauty of thy peace.***

**5 Breathe through the heats of our desire  
thy coolness and thy balm;  
let sense be dumb, let flesh retire;  
speak through the earthquake, wind, and fire,  
O still, small voice of calm;  
O still, small voice of calm.**

JOHN GREENLEAF WHITTIER (1807-1892)

**GOSPEL READING: Luke 5: 1-11**

*(Please remain standing)*

Alleluia, alleluia!

Glory to the Father, and to the Son, and to the Holy Spirit,  
one God, who was, and who is, and who is to come, the Almighty. **Alleluia!**

Hear the Gospel of our Lord Jesus Christ according to St. *Luke*  
**Glory to you, O Lord.**

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, 'Put out into the deep water and let down your nets for a catch.' Simon answered, 'Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets.' When they had done this, they caught so many fish that their nets were beginning to break. So they signalled to their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, 'Go away from me, Lord, for I am a sinful man!' For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, 'Do not be afraid; from now on you will be catching people.' When they had brought their boats to shore, they left everything and followed him.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

**SERMON Rev Pauline**

## **AFFIRMATION OF FAITH**

*(If you would like to, please stand as we affirm our faith)*

**We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.**

**We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.**

**We believe in one God;  
Father, Son and Holy Spirit. Amen.**

## **PRAYERS OF INTERCESSION led by Christine** *(Please sit or kneel)*

*These responses may be used:*

Lord, in your mercy,  
**Receive our prayer.**

*At the end:*

Merciful Father,  
**accept these prayers for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## **NOTICES AND TIME OF SHARING**

### **THE PEACE**

*(If you would like to, please stand)*

We are the body of Christ,  
by one spirit we were all baptised into one body.  
Let us pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you  
**and also with you.**

**Deacon:** Let us offer one another a sign of peace.

**OFFERTORY HYMN 494 - I, the Lord of sea and sky.**

(During the hymn the bread & wine are brought forward and the altar is prepared)

**1 I, the Lord of sea and sky,  
I have heard my people cry.  
All who dwell in dark and sin  
My hand will save.  
I who made the stars of night,  
I will make their darkness bright.  
Who will bear my light to them?  
Whom shall I send?**

**Here I am, Lord. Is it I, Lord?  
I have heard You calling in the night.  
I will go, Lord, if You lead me.  
I will hold your people in my heart.**

**2 I, the Lord of snow and rain,  
I have borne my people's pain.  
I have wept for love of them.  
They turn away.  
I will break their hearts of stone,  
Give them hearts for love alone.  
I will speak my Word to them.  
Whom shall I send?**

**Here I am, Lord. Is it I, Lord?  
I have heard You calling in the night.  
I will go, Lord, if You lead me.  
I will hold your people in my heart.**

**3 I the Lord of wind and flame,  
I will tend the poor and lame.  
I will set a feast for them.  
My hand will save.  
Finest bread I will provide  
Till their hearts be satisfied.  
I will give my life to them.  
Whom shall I send?**

**Here I am, Lord. Is it I, Lord?  
I have heard You calling in the night.  
I will go, Lord, if You lead me.  
I will hold your people in my heart.**

DANIEL L. SCHUTTE (B. 1947)

Words and music 1981 OCP. Published by OCP, 5536NE Hassalo, Portland, OR 97213, USA



With this bread that we bring  
**we shall remember Jesus.**

With this wine that we bring  
**we shall remember Jesus.**

Bread for his body, wine for his blood, gifts from God to his table we bring.  
**we shall remember Jesus.**

## **EUCCHARISTIC PRAYER (please sit or kneel)**

**[The Choir may remain standing]**

*The Lord is here.*  
***His Spirit is with us.***

*Lift up your hearts.*  
***We lift them to the Lord.***

*Let us give thanks to the Lord our God.*  
***It is right to give thanks and praise!***

Lord of all life,  
you created the universe  
where all living things reflect your glory.  
You give us this great and beautiful earth  
to discover and to cherish.

You sent your Son to live among us,  
Jesus our Saviour, Mary's child.  
He suffered on the cross;  
he died to save us from our sins;  
he rose in glory from the dead,  
and we share his risen life.

You send your Spirit  
to bring new life to the world,  
and clothe us with power from on high.  
And so we join the angels  
to celebrate and sing:

***Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna, in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.***

Father, on the night before he died,  
Jesus shared a meal with his friends.  
He took the bread and thanked you.  
He broke it, and gave it to them, saying:  
Take and eat; this is my body, given for you.  
Do this in remembrance of me.

After the meal, Jesus took the cup of wine.  
He thanked you, and gave it to them, saying:  
Drink this, all of you.  
This is my blood, the new promise of God's unfailing love.  
Do this in remembrance of me.

Father, as we bring this bread and wine,  
and remember his death and resurrection,  
send your Holy Spirit,  
that we who share these gifts  
may be fed by Christ's body and his blood.

Pour your Spirit on us  
that we may love one another,  
work for the healing of the earth,  
and share the good news of Jesus,  
as we wait for his coming in glory.

**Deacon:** Great is the mystery of faith.

***Christ has died;***  
***Christ is risen;***  
***Christ will come again.***

## **THE LORD'S PRAYER**

United as one body, we pray for the coming of God's Kingdom in heaven and on earth, using the words our Saviour taught us:

**Our Father in heaven**  
**hallowed be your name,**  
**your kingdom come,**  
**your will be done,**  
**on earth as in heaven.**  
**Give us today our daily bread.**  
**Forgive us our sins, as we forgive those who sin against us.**  
**Lead us not into temptation, but deliver us from evil.**  
**For the Kingdom, the power, and the glory are yours**  
**now and forever. Amen.**

## **BREAKING OF THE BREAD**

We break this bread to share in the body of Christ.

**Though we are many, we are one body  
because we all share in one bread.**

**The Agnus Dei is sung:**

***Jesus, Lamb of God, have mercy on us.***

***Jesus, bearer of our sins, have mercy on us.***

***Jesus, redeemer of the world, grant us your peace.***

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you,  
and his blood which he shed for you.

Eat and drink in remembrance that he died for you,  
and feed on him in your hearts by faith with thanksgiving.

*All are welcome to come forward to receive the bread and the wine or a blessing, it is helpful for us if you say your name when you come to the front.*

An anthem is usually sung by the Choir and then a **HYMN** is also sung during Communion. (Please remain seated)

**Antem:** A prayer of St. Richard of Chichester (White)

**Hymn:**        **249 - Holy Spirit, living breath of God**

1 Holy Spirit, living Breath of God,  
breathe new life into my willing soul.  
Bring the presence of the risen Lord  
to renew my heart and make me whole.  
Cause your word to come alive in me,  
give me faith for what I cannot see;  
give me passion for Your purity;  
Holy Spirit, breathe new life in me.

2 Holy Spirit, come abide within,  
may your joy be seen in all I do.  
Love enough to cover every sin  
in each thought and deed and attitude:  
kindness to the greatest and the least,  
gentleness that sows the path of peace.  
turn my strivings into works of grace;  
Breath of God, show Christ in all I do.

3 Holy Spirit, from creation's birth,  
giving life to all that God has made,  
show your power once again on earth,  
Cause your church to hunger for your ways.  
May the fragrance of our prayers arise;  
lead us on the road of sacrifice,  
that in unity the face of Christ  
may be clear for all the world to see.

Keith Getty (b. 1974) and Stuart Townend (b. 1963)

### **POST COMMUNION PRAYER**

Said by a minister and found on the weekly pew sheet.

Go before us, Lord, in all we do  
with your most gracious favour,  
and guide us with your continual help,  
that in all our works  
begun, continued and ended in you,  
we may glorify your holy name,  
and finally by your mercy receive everlasting life;  
through Jesus Christ our Lord.

### **THANKSGIVING PRAYER**

**Father of all, we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

**HYMN 588 - And can it be.**

**1 And can it be that I should gain  
an interest in the Saviour's blood!  
Died he for me, who caused his pain!  
For me, who him to death pursued?  
Amazing love! How can it be  
that thou, my God, shouldst die for me?  
Amazing love! How can it be  
that thou, my God, shouldst die for me?**

**2 'Tis mystery all! the Immortal dies:  
Who can explore his strange design?  
In vain the firstborn seraph tries  
to sound the depths of love divine!  
'Tis mercy all! Let earth adore,  
let angel minds inquire no more.  
'Tis mercy all! Let earth adore,  
let angel minds inquire no more.**

**3 He left his Father's throne above  
so free, so infinite his grace;  
emptied himself of all but love,  
and bled for Adam's helpless race;  
'tis mercy all, immense and free,  
for, O my God, it found out me.  
'tis mercy all, immense and free,  
for, O my God, it found out me.**

**4 Long my imprisoned spirit lay,  
fast bound in sin and nature's night;  
thine eye diffused a quickening ray;  
I woke, the dungeon flamed with light;  
my chains fell off, my heart was free,  
I rose, went forth, and followed thee.  
my chains fell off, my heart was free,  
I rose, went forth, and followed thee.**

**5 No condemnation now I dread;  
Jesus, and all in him, is mine;  
alive in him, my living Head,  
and clothed in righteousness divine,  
bold I approach the eternal throne,  
and claim the crown, through Christ my own.  
bold I approach the eternal throne,  
and claim the crown, through Christ my own.**

## THE BLESSING

May the Lord bless you and keep you.

May the Lord make his face shine upon you and be gracious to you.

May the Lord lift up his countenance upon you and give you peace.

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you, be upon those you love, pray for and care for now and for evermore. **Amen.**

## THE DISMISSAL

Deacon: Go in peace to love and serve the Lord.

***In the name of Christ. Amen.***

*or*

By the power of the Spirit, we take into our community the peace and love of God.

***In the name of Christ. Amen.***

