

## Your guide to this coming week

### Monday 10<sup>th</sup> March (Office open)

10am Bible Study & Lent Course Session 3 – Lounge  
11.30am Midday Prayer – Church Centre  
11am – 4pm Community Friendship Café – Centre  
6pm Bell Ringing Practice – In Church

### Tuesday 11<sup>th</sup> March (Office closed today)

12pm Funeral of Valerie Ragan – In Church  
2pm Busy Fingers

### Wednesday 12<sup>th</sup> March (Office open)

12pm Midday Prayer – Church Centre  
1.15pm School visit in church  
7pm Lent Course – Rectory (repeat of Monday's Session 3)

### Friday 14<sup>th</sup> March (Office open)

12pm Holy Communion – In Church  
12.30pm – 2.30pm - Church Open for visitors  
6pm Choir Practice

### Sunday 16<sup>th</sup> March

10am Sung Eucharist  
6pm Holy Communion – In the Church Centre

## LENT COURSE

3<sup>rd</sup> March – 16<sup>th</sup> April

Every Monday – 10am In the Church Centre  
Session repeated every Wednesday - 7pm in the Rectory

### Session 3 – Petition

Give us this day our daily bread  
Unpacking the significance of asking God in prayer

Monday 10<sup>th</sup> March at 10am (Church Centre)  
Repeated Wednesday 12<sup>th</sup> March at 7pm (Rectory)

For further information visit:

<https://prayercourse.org/sessions/>

## Stewardship - Giving in Grace

During Lent we will be exploring stewardship  
How do we respond to God's outrageous love for us?



### Electoral Roll Forms

Please can you make sure you've returned your form.  
The electoral roll will close on 16<sup>th</sup> March.

### SAFEGUARDING:

St. Margaret's Church is committed to safeguarding all worshippers, staff and visitors. If you have any concerns, please refer to the notices at each entrance door, which gives details of how to voice your concern, or visit [www.stmargaretslowestoft.co.uk](http://www.stmargaretslowestoft.co.uk)

Please note, the 10am service is livestreamed.  
The seats in the side aisles are never in view

Toilet & Baby Changing available in the Centre

### CONTACT DETAILS

**Rector:** Revd. Canon Simon Stokes  
simon@stmargaretslowestoft.co.uk  
01502 573046 or 07771 520085  
**THURSDAYS ARE SIMON'S DAY OF REST**

**Office:** 01502 561973  
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09.03.25

## WELCOME TO

ST . MARGARET'S CHURCH

LOWESTOFT



If you would like to make an offering to St. Margaret's please place your gift either on the collection plate *before* the service or use the card-reader at the back of church.

Your gift supports our ongoing mission work & helps towards the upkeep of this beautiful church.

*Thank you for your kind gift.*

## Sunday 9th March 2025

1<sup>st</sup> Sunday of Lent

### 10am Sung Eucharist

Mass Setting: Mass of St. Thomas - Thorne  
Presiding: Canon Simon  
Preaching: Canon Simon  
Deacon: Gill  
Reader: Jennifer T  
Reading: Deuteronomy 26: 1-11  
Gospel: Luke 4: 1 – 13  
Intercessor: Rev Pauline  
Hymns: 121, 46, 115, 464 & 104  
Motet: A Lent Prose  
Anthem: Be still for the presence of the Lord (Evans)



Scan QR Code to view this week's 10am service booklet

Refreshments will be served in the Church Centre.

### 6pm Choral Evensong

Lead: Canon Simon  
Preaching: Canon Simon  
Reader: Sheila  
Readings: Deuteronomy 26: 1-11  
Romans 10: 8b-13  
Hymns: 123, 108 & 104  
Psalm: 50 vs. 1 - 8  
Anthem: O Lord my God (S.S. Wesley)

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## Sunday 16<sup>th</sup> March 2025

2<sup>nd</sup> Sunday of Lent

### 10am Sung Eucharist

6pm Holy Communion  
In the Church Centre

## Prayers for Your Parish - Street by Street

This week, please pray for the residents of:

College Meadows - Map no. 85 / Map Ref. G 6  
Cavendish Close - Map no. 99 / Map Ref. H 5-6  
Cambridge Road - Map no. 119 / Map Ref. H / I 13

## Readings for Sunday 9<sup>th</sup> March

### Old Testament: Deuteronomy 26: 1-11

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

### New Testament: Romans 10: 8b-13

But what does it say? 'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call

on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

### Gospel Reading: Luke 4: 1-13

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."'

Then the devil led him up and showed him in an instant all the kingdoms of the world.

And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."' Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."'

Jesus answered him, 'It is said, "Do not put the Lord your God to the test."' When the devil had finished every test, he departed from him until an opportune time.

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### Collect (Prayer of the Week)

Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and  
prayer that we may witness to your saving love  
in Jesus Christ our Lord.

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### Post Communion Prayer

Lord God, you have renewed us  
with the living bread from heaven;  
by it you nourish our faith,  
increase our hope, and strengthen our love:  
teach us always to hunger for him who is the true  
and living bread, and enable us to live by every  
word that proceeds from out of your mouth;  
through Jesus Christ our Lord.