

## Your guide to this coming week

### Monday 7<sup>th</sup> July

10am Bible Study (*Last one until Monday 8<sup>th</sup> September*)  
11.30am Midday Prayer – Church Centre (*Matthew 9: 18-26*)  
11am - 4pm Community Friendship Café  
6pm Bell Ringing Practice – In Church

### Tuesday 8<sup>th</sup> July

2pm Busy Fingers (*Last one until Tuesday 9<sup>th</sup> September*)

### Wednesday 9<sup>th</sup> July

12pm Midday Prayer – Church Centre (*Matthew 10: 1-7*)

### Thursday 10<sup>th</sup> July

7pm for 7.30pm Deanery Synod – Speaker Richard Lamey

### Friday 11<sup>th</sup> July

10am onwards Cleaning day – See notice below  
12pm Holy Communion – In Church  
12.30pm – 4pm Church Open for visitors  
6pm Choir Practice

### Sunday 13<sup>th</sup> July

10am Sung Eucharist  
2.30pm - 4.15pm Concert in Church - Xenia Horne (Harpist)  
6pm Choral Evensong

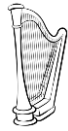
### Volunteers Needed 'Cleaning Day' Friday 11<sup>th</sup> July

10am – 12pm & 12.30pm onwards, in church

*Help needed to clean the pews and brass, ready for Sea Sunday*



**AFTERNOON CONCERT IN CHURCH**  
**XENIA HORNE (HARPIST)**  
**SUNDAY 13<sup>TH</sup> JULY 2.30PM – 4.15PM**



### Pew Sheet Sponsorship

*This week's pew sheet is kindly sponsored  
by Sheila Hancock*

**Toilet & Baby Changing available in the Centre**

### SAFEGUARDING:

St. Margaret's Church is committed to safeguarding all worshippers, staff and visitors. If you have any concerns, please refer to the noticeboard on how to voice your concern, or visit [www.stmargaretslowestoft.co.uk](http://www.stmargaretslowestoft.co.uk)  
**NB: The 10am service is livestreamed. Side aisles seats not in view**

### CONTACT DETAILS

#### Rector:

Rev'd. Canon Simon Stokes  
[simon@stmargaretslowestoft.co.uk](mailto:simon@stmargaretslowestoft.co.uk)  
01502 573046 or 07771 520085  
**THURSDAYS ARE SIMON'S DAY OF REST**

#### Office

01502 561973  
[office@stmargaretslowestoft.co.uk](mailto:office@stmargaretslowestoft.co.uk)  
Tues & Wed 9am–3.30pm  
& Fri 8.30am–5pm

06.07.2025



WELCOME TO



ST. MARGARET'S CHURCH

LOWESTOFT



If you would like to make an offering to St. Margaret's please place your gift either on the collection plate *before* the service or use the card-reader at the back of church. Your gift supports our ongoing mission work & helps towards the upkeep of this beautiful church. *Thank you for your kind gift.*

**Sunday 6<sup>th</sup> July 2025**

**3<sup>rd</sup> Sunday after Trinity**

**10am Sung Eucharist**  
with Rev Paul Mackay preaching

Mass Setting: Mass of St. Thomas

Presiding: Canon Simon

Preaching: Rev Paul Mackay

Reader: Terri

Reading: Galatians 6: [1-6], 7-16

Gospel Luke 10: 1-11, 16-20

Intercessor: Sarah

Hymns: 700, 639, 144, 146 & 477

Anthem: Bread of the World (Bullard)



SCAN FOR  
SERVICE  
BOOKLET

**Refreshments served in the Church Centre**  
Followed by a bring & share lunch  
in the Rectory Garden

**No Evening Service**

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**Sunday 13<sup>th</sup> July 2025 – Sea Sunday**

10am Sung Eucharist

*with guest speaker - Amanda Wisher*

2.30pm – 4.15pm Afternoon Concert in Church  
(Xenia Horne – Harpist)

6pm Choral Evensong

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**CHRISTINE & SIMON'S**  
**40<sup>TH</sup> WEDDING anniversary**  
**Sunday 6<sup>th</sup> July 2025**



*Many congratulations on your special day  
from all your Church family here at St. Margaret's*

## Readings for Sunday 6<sup>th</sup> July

### New Testament: Galatians 6: [1-6], 7-16

[My friends, if anyone is detected in a transgression, you who have received the Spirit should restore such a one in a spirit of gentleness. Take care that you yourselves are not tempted. Bear one another's burdens, and in this way you will fulfil the law of Christ. For if those who are nothing think they are something, they deceive themselves. All must test their own work; then that work, rather than their neighbour's work, will become a cause for pride. For all must carry their own loads. Those who are taught the word must share in all good things with their teacher.] Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up. So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith. See what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised - only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God.

### Gospel: Luke 10: 1-11, 16-20

The Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say,

"Peace to this house!" And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, "The kingdom of God has come near to you." But whenever you enter a town and they do not welcome you, go out into its streets and say, "Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near." 'Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me.' The seventy returned with joy, saying, 'Lord, in your name even the demons submit to us!' He said to them, 'I watched Satan fall from heaven like a flash of lightning. See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you. Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven.'

### Collect (Prayer of the Week)

*God our saviour,  
look on this wounded world  
in pity and in power;  
hold us fast to your promises of peace  
won for us by your Son,  
our Saviour Jesus Christ.*

### Post Communion Prayer

*O God, whose beauty is beyond our imagining  
and whose power we cannot comprehend:  
show us your glory as far as we can grasp it,  
& shield us from knowing more than we can bear  
until we may look upon you without fear;  
through Jesus Christ our Saviour.*

### Prayers for Your Parish - Street by Street This week, please pray for the residents of:

**Hemplands** – Map no. 123b / Map Ref. H 14  
**Ipswich Road** - Map no. 117 / Map Ref. H / I 12  
**Jenkins Gardens (part)** - Map no. 1 / Map Ref. A 6