



Service of Holy Communion

Sunday 13th July 2025

Sea Sunday

Service One



Mass Setting: St. Thomas (D. Thorne)

We welcome

Amanda Wisher from The Fisherman's Mission
Mission Area Officer (East Anglia)

Deacon: Gill

Presiding: Canon Simon

WELCOME & Introduction

*We join together on this Sea Sunday to honour the courageous men
and women who keep our world moving.*

*Together, let's pray and give thanks for seafarers facing tough and
often lonely conditions.*

HYMN 623 - *Eternal Father, strong to save*

***1 Eternal Father, strong to save,
whose arm doth bind the restless wave,
who bidd'st the mighty ocean deep
its own appointed limits keep:
O hear us when we cry to thee
for those in peril on the sea.***

***2 O Saviour, whose almighty word
and winds and waves submissive heard,
who walkedst on the foaming deep,
and calm amid its rage, didst sleep;
O hear us when we cry to thee
for those in peril on the sea.***

***3 O sacred Spirit, who didst brood
upon the chaos dark and rude,
who bad'st its angry tumult cease,
and gavest light and life and peace:
O hear us when we cry to thee
for those in peril on the sea.***

***4 O Trinity of love and power,
our brethren shield in danger's hour;
from rock and tempest, fire and foe,
protect them whereso'er they go;
and ever let there rise to thee
glad hymns of praise from land and sea.***

WILLIAM WHITING (1825-1878)

Prayers of Penitence

We are invited to confess what we have done wrong using these words

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Therefore let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Confession (*please sit or kneel*)

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in life eternal; through Jesus Christ our Lord.

Amen

THE GLORIA

(If you are able, please stand to sing the Gloria)

***Glory to God, Glory to God, Glory to God in the highest.
Glory to God in the Highest and peace to his people on earth,
Lord God, Heavenly King, Almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Glory to God, Glory to God, Glory to God in the highest.***

***Lord Jesus Christ, only son of the Father. Lord God, Lamb of
God, you take away the sin of the world: have mercy on us;
You are seated at the right hand of the Father: receive our prayer.***

***Glory to God, Glory to God, Glory to God in the highest.
For you alone are the Holy one, you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father.
Glory to God, Glory to God, Glory to God in the highest.***

THE COLLECT *(Prayer of the week - found on the pew sheet)*

Gracious Father,
by the obedience of Jesus
you brought salvation to our wayward world:
draw us into harmony with your will,
that we may find all things restored in him,
our Saviour Jesus Christ.

THE LITURGY OF THE WORD (*Please sit*)

all age talk

Amanda

BIBLE READING

New Testament: Colossians 1: 1-14 Read by Helen

Paul, an apostle of Christ Jesus by the will of God, and Timothy our brother. To the saints and faithful brothers and sisters in Christ in Colossae: Grace to you and peace from God our Father. In our prayers for you we always thank God, the Father of our Lord Jesus Christ, for we have heard of your faith in Christ Jesus and of the love that you have for all the saints, because of the hope laid up for you in heaven. You have heard of this hope before in the word of the truth, the gospel that has come to you. Just as it is bearing fruit and growing in the whole world, so it has been bearing fruit among yourselves from the day you heard it and truly comprehended the grace of God. This you learned from Epaphras, our beloved fellow-servant. He is a faithful minister of Christ on your behalf, and he has made known to us your love in the Spirit. For this reason, since the day we heard it, we have not ceased praying for you and asking that you may be filled with the knowledge of God's will in all spiritual wisdom and understanding, so that you may lead lives worthy of the Lord, fully pleasing to him, as you bear fruit in every good work and as you grow in the knowledge of God. May you be made strong with all the strength that comes from his glorious power, and may you be prepared to endure everything with patience, while joyfully giving thanks to the Father, who has enabled you to share in the inheritance of the saints in the light. He has rescued us from the power of darkness and transferred us into the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

For the word of the Lord.

Thanks be to God.

HYMN 575 - When I needed a neighbour.

**1 When I needed a neighbour,
were you there, were you there?
When I needed a neighbour, were you there?
And the creed and the colour
and the name won't matter,
were you there?**

**2 I was hungry and thirsty,
were you there, were you there?
I was hungry and thirsty,
were you there?
And the creed and the colour
and the name won't matter
were you there?**

**3 I was cold, I was naked,
were you there, were you there?
I was cold, I was naked, were you there?
And the creed and the colour
and the name won't matter
Were you there?**

**4 When I needed a shelter,
were you there, were you there?
When I needed a shelter, were you there?
And the creed and the colour
and the name won't matter
Were you there?**

**5 When I needed a healer,
were you there, were you there?
When I needed a healer, were you there?
And the creed and the colour
and the name won't matter
Were you there?**

**6 Wherever you travel,
I'll be there, I'll be there,
wherever you travel, I'll be there.
And the creed and the colour
and the name won't matter
I'll be there**

SYDNEY CARTER (1915-2004)

GOSPEL READING Luke 10: 25-37

(Please remain standing)

Alleluia, alleluia!

Glory to the Father, and to the Son, and to the Holy Spirit,
one God, who was, and who is, and who is to come, the Almighty.

Alleluia!

Hear the Gospel of our Lord Jesus Christ according to St Luke.

Glory to you, O Lord.

A lawyer stood up to test Jesus. 'Teacher,' he said, 'what must I do to inherit eternal life?' He said to him, 'What is written in the law? What do you read there?' He answered, 'You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself.' And he said to him, 'You have given the right answer; do this, and you will live.' But wanting to justify himself, he asked Jesus, 'And who is my neighbour?'

Jesus replied, 'A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while travelling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, "Take care of him; and when I come back, I will repay you whatever more you spend."

Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?' He said, 'The one who showed him mercy.' Jesus said to him, 'Go and do likewise.'

This is the Gospel of the Lord.

Praise to you, O Christ.

SERMON Amanda Wisher

AFFIRMATION OF FAITH

(If you would like to, please stand as we affirm our faith)

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit. Amen.**

PRAYERS OF INTERCESSION Led by Christine
(Please sit or kneel)

These responses may be used:

Lord, in your mercy,
Receive our prayer.

At the end:

Merciful Father,
**accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

NOTICES AND TIME OF SHARING

THE PEACE

(If you would like to, please stand)

We are the body of Christ,
by one spirit we were all baptised into one body.
Let us pursue all that makes for peace and builds up our common
life.

The peace of the Lord be always with you
and also with you.

Deacon: Let us offer one another a sign of peace.

OFFERTORY HYMN 621 - *Dear Lord and Father.*

(During the hymn the bread & wine are brought forward and the altar is prepared)

***1 Dear Lord and Father of mankind,
forgive our foolish ways!
Re-clothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence, praise;
in deeper reverence, praise.***

***2 In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word,
rise up and follow thee;
rise up and follow thee.***

***3 O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity
interpreted by love!
interpreted by love!***

***4 Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace;
the beauty of thy peace.***

***5 Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still, small voice of calm;
O still, small voice of calm.***

JOHN GREENLEAF WHITTIER (1807-1892)

With this bread that we bring
we shall remember Jesus.

With this wine that we bring
we shall remember Jesus.

Bread for his body, wine for his blood, gifts from God to his table we
bring.
we shall remember Jesus.

EUCCHARISTIC PRAYER (please sit or kneel)

[The Choir may remain standing]

The Lord be with you
and also with you

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise!

Lord of all life,
you created the universe
where all living things reflect your glory.
You give us this great and beautiful earth
to discover and to cherish.

You sent your Son to live among us,
Jesus our Saviour, Mary's child.
He suffered on the cross;

he died to save us from our sins;
he rose in glory from the dead,
and we share his risen life.

You send your Spirit
to bring new life to the world,
and clothe us with power from on high.
And so we join the angels
to celebrate and sing:

***Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna, Hosanna, Hosanna, in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna, Hosanna, Hosanna in the highest.***

Father, on the night before he died,
Jesus shared a meal with his friends.
He took the bread and thanked you.
He broke it, and gave it to them, saying:
Take and eat; this is my body, given for you.
Do this in remembrance of me.



After the meal, Jesus took the cup of wine.
He thanked you, and gave it to them, saying:
Drink this, all of you.
This is my blood, the new promise of God's unfailing love.
Do this in remembrance of me.



Father, as we bring this bread and wine,
and remember his death and resurrection,
send your Holy Spirit,
that we who share these gifts
may be fed by Christ's body and his blood.

Pour your Spirit on us
that we may love one another,
work for the healing of the earth,
and share the good news of Jesus,
as we wait for his coming in glory.

Great is the mystery of faith.

***Christ has died;
Christ is risen;
Christ will come again.***



THE LORD'S PRAYER

United as one body, we pray for the coming of God's Kingdom in
heaven and on earth, using the words our Saviour taught us:

**Our Father in heaven
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins, as we forgive those who sin against us.

Lead us not into temptation, but deliver us from evil.

**For the Kingdom, the power, and the glory are yours
now and forever. Amen.**

BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

**Though we are many, we are one body
because we all share in one bread.**

The Agnus Dei is sung:

***Lamb of God, you take away the sin of the world,
have mercy on us.***

***Lamb of God, you take away the sin of the world,
have mercy on us.***

***Lamb of God, you take away the sin of the world,
grant us peace.***

All are welcome to come forward to receive the bread and the wine or a blessing. It is helpful for us if you say your name when you come to the front. The choir will receive Holy Communion first at the High Altar, followed by the rest of the congregation who will receive Holy Communion at the Chancel step.

An anthem is usually sung by the Choir and then a Hymn is also sung during communion (please remain seated)

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you,
and his blood which he shed for you.

Eat and drink in remembrance that he died for you,
and feed on him in your hearts by faith with thanksgiving.

Anthem Forth in the peace of Christ (Ogden)

Hymn 557 - Beauty for brokenness

***1 Beauty for brokenness, hope for despair,
Lord, in your suffering world this is our prayer.
Bread for the children, justice, joy, peace,
sunrise to sunset your kingdom increase!***

***2 Shelter for fragile lives, cures for their ills,
work for the craftsmen, trade for their skills.
Land for the dispossessed, rights for the weak,
voices to plead the cause of those who can't speak.
God of the poor, friend of the weak,
give us compassion, we pray:
melt our cold hearts, let tears fall like rain.
Come, change our love from a spark to a flame.***

***3 Refuge from cruel wars, havens from fear,
cities for sanctuary, freedoms to
share.
Peace to the killing fields, scorched earth to green,
Christ for the bitterness, his cross for the pain.***

***4 Rest for the ravaged earth, oceans and streams,
plundered and poisoned: our future, our
dreams.
Lord, end our madness, carelessness, greed;
make us content with the things that we need.
God of the poor, friend of the weak,
give us compassion, we pray:
melt our cold hearts, let tears fall like rain.
Come, change our love from a spark to a flame.***

***5 Lighten our darkness, breathe on this flame,
until your justice burns brightly again;
until the nations learn of your ways,
seek your salvation and bring you their praise.
God of the poor, friend of the weak,
give us compassion, we pray:
melt our cold hearts, let tears fall like rain.
Come, change our love from a spark to a flame.***

POST COMMUNION PRAYER

Said by a minister and found on the weekly pew sheet.

Eternal God, comfort of the afflicted
and healer of the broken,
you have fed us at the table of life and hope:
teach us the ways of gentleness and peace,
that all the world may acknowledge
the kingdom of your Son Jesus Christ our Lord.

THANKSGIVING PRAYER

**Father of all, we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

HYMN *Will your anchor hold*

**Will your anchor hold in the storm of life,
when the clouds unfold their wings of strife?
When the strong tides lift
and the cables strain, will your anchor drift
or firm remain?**

***We have an anchor that keeps the soul
Steadfast and sure while the billows roll;
Fastened to the rock which cannot move,
grounded firm and deep in the Saviour's love!***

**Will your anchor hold in the straits of fear,
When the breakers roar and the reef is near?
While the surges rage, and the wild winds blow,
shall the angry waves then your bark o'erflow?**

***We have an anchor that keeps the soul
Steadfast and sure while the billows roll;
Fastened to the rock which cannot move,
grounded firm and deep in the Saviour's love!***

**Will your anchor hold in the floods of death,
when the waters cold chill your latest breath?
On the rising tide you can never fail,
while your anchor holds within the veil.**

***We have an anchor that keeps the soul
Steadfast and sure while the billows roll;
Fastened to the rock which cannot move,
grounded firm and deep in the Saviour's love!***

**Will your eyes behold through the morning light,
the city of gold and the harbour bright?
Will you anchor safe by the heav'nly shore,
when life's storms are past for evermore?**

***We have an anchor that keeps the soul
Steadfast and sure while the billows roll;
Fastened to the rock which cannot move,
grounded firm and deep in the Saviour's love!***

THE BLESSING

May the Lord bless you and keep you.

May the Lord make his face shine upon you and be gracious to you.

May the Lord lift up his countenance upon you and give you peace.

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you, be upon those you love, pray for and care for now and for evermore. **Amen.**

THE DISMISSAL

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

or

By the power of the Spirit, we take into our community the peace and love of God.

In the name of Christ. Amen.