

Your guide to this coming week

Monday 9th February

10am Bible Study
11.30am Midday Prayer (Mark 6: 53 - end)
11am - 4pm Community Friendship Café

Tuesday 10th February

2pm Busy Fingers

Wednesday 11th February

12pm Midday Prayer (Mark 7: 14 - 23)

Friday 13th February

12pm Holy Communion
5-6pm Confirmation Class - Rectory
NO Choir Practice

Sunday 15th February

10am Sung Eucharist
4pm Holy Communion

FREE DEFIB COURSE

Sat 14th Feb 11.30 - 12.30pm

We have arranged for a free of charge
CPR / AED refresher training course in our Church Centre
If you're interested in attending, please speak with Kathryn

Fundraising & Social Committee Meeting

TODAY at 12pm in small hall

If you would like to join the committee
please speak with Rachel or Michelle,
Alternatively, pop along to the meeting for a chat

Free Financial Guidance

Pop along to the Church Centre on Mon 23rd Feb,
where Sophia will be happy to have a chat with you.

For more info please Tel: 07469 393028

St. Margaret's Church is committed to safeguarding
all worshippers, staff and visitors.

If you have any concerns, please refer to the
noticeboards on how to voice your concern.

*NB: The 10am service is livestreamed
Only central front seats are in view of the camera*

Toilet & Baby Changing available in the Centre

CONTACT DETAILS

Rector

Rev. Canon Simon Stokes
simon@stmargaretslowestoft.co.uk
01502 573046 or 07771 520085
THURSDAYS ARE SIMON'S DAY OF REST

Office

01502 561973
office@stmargaretslowestoft.co.uk
Tues & Wed 9am-3.30pm
& Fri 8.30am-5pm

08.02.26

WELCOME TO

ST . MARGARET'S CHURCH

LOWESTOFT



If you would like to make an offering to
St. Margaret's please place your gift either on
the collection plate *before* the service or use the
card-reader at the back of church.

Your gift supports our ongoing mission work &
helps towards the upkeep of this beautiful church.

Thank you for your kind gift.

Sunday 8th February 2026

2nd Sunday before Lent

10.00am Sung Eucharist

Mass Setting: Mass of St. Thomas

Presiding: Canon Simon

Preaching: Rev Jim

Deacon: Gerda

Reader: Augustine

Reading: Romans 8: 18-25

Gospel: Matthew 6: 25-end

Intercessor: Sarah

Hymns: 754, 42, 575, 249 & 650

Anthem: Forth in the name of Christ (Ogden)

SCAN FOR
SERVICE
BOOKLET



Refreshments served afterwards

12pm Fundraising Meeting – Small Hall

4pm Sung Evensong

Presiding: Helen S

Preaching: Helen S

Reader: Ruth

Readings: Genesis 1: 1 – 2: 3

Romans 8: 18-25

Psalm: 148 (Chant by Parratt)

Canticles: Day & Ouseley

Anthem: Teach me, O Lord (Attwood)

Hymns: 681, 764 & 710

Sunday 15th February 2026

10am Sung Eucharist

4pm Holy Communion

Readings for Sunday 8th February

Old Testament: Genesis 1: 1 – 2: 3

Separate Sheet for Sung Evensong

New Testament: Romans 8: 18-25

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Gospel: Matthew 6: 25-end

Jesus taught his disciples, saying: 'Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you - you of little faith? Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. 'So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.'

Collect (Prayer of the Week)

Almighty God,
give us reverence for all creation
and respect for every person,
that we may mirror your likeness
in Jesus Christ our Lord.

Post Communion Prayer

God our creator,
by your gift the tree of life was set at the heart
of the earthly paradise, and the
bread of life at the heart of your Church:
may we who have been nourished at your table
on earth be transformed by the glory
of the Saviour's cross and enjoy the delights of
eternity; through Jesus Christ our Lord.

Prayers for Your Parish - Street by Street

This week, please pray for the residents of:

Ailmar Close – Map no. 17 / Ref. D6
Ambleside Gardens – Map no. 19 / Ref. D6
Ashness Close – Map no. 33 / Ref. D6

Ash Wednesday Holy Communion

18th February at 12pm (Church Centre)

Join us for a Holy Communion Service with Ashing

LENT COURSE

Monday in the Church Centre, Wednesday in the Rectory

Starting on Wednesday 18th February at 7pm

Then continuing on the following dates:

Mon 23rd Feb 10am (Mon's sessions instead of Bible Study)

Mon 2nd March at 10am & Wed 4th March at 7pm

Mon 9th March at 10am & Wed 11th March at 7pm

Mon 16th March at 10am & Wed 18th March at 7pm

Mon 23rd March at 10am & Wed 25th March at 7pm

This week's pew sheet is kindly sponsored by
Zoe & Samuel Parle



In memory of John Parle
Remembering a wonderful
husband and father
on the eighth anniversary
of his passing

Reading for Sunday 8th February

Sung Evensong - Insert

Old Testament: Genesis 1: 1 – 2: 3

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, 'Let there be light'; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

And God said, 'Let there be a dome in the midst of the waters, and let it separate the waters from the waters.' So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, 'Let the waters under the sky be gathered together into one place, and let the dry land appear.' And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, 'Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it.' And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day. And God said, 'Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.' And it was so. God made the two great lights - the greater light to rule the day and the lesser light to rule the night - and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day.

And God said, 'Let the waters bring forth swarms of living creatures, and let birds fly above the

earth across the dome of the sky.' So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, 'Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.' And there was evening and there was morning, the fifth day.

And God said, 'Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.' And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good.

Then God said, 'Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.' So God created humankind in his image, in the image of God he created them; male and female he created them. God blessed them, and God said to them, 'Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.' God said, 'See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.' And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

New Testament: Romans 8: 18-25

On Pew Sheet