

Your guide to this coming week

Monday 2nd March

10am Lent Group – Church Centre
11am – 4pm Community Friendship Cafe
11.30am Midday Prayer (Luke 6: 36 - 38)

Tuesday 3rd March

2pm Busy Fingers

Wednesday 4th March

12pm Midday Prayer (Matthew 20: 17 – 28)
No Mothers' Union

7pm Lent Group - Rectory

Friday 6th March

12pm Holy Communion
2.30pm World Day of Prayer Service – Church Centre
5-6pm Confirmation Class – Rectory
6pm Choir Practice

Sunday 8th March

10am Sung Eucharist
11.45am Baptism
4pm Sung Evensong

LENT COURSE

Monday in the Church Centre, Wednesday in the Rectory

Mon 2nd March at 10am & Wed 4th March at 7pm
Mon 9th March at 10am & Wed 11th March at 7pm
Mon 16th March at 10am & Wed 18th March at 7pm
Mon 23rd March at 10am & Wed 25th March at 7pm

Christians Together in Lowestoft & District

World Day of Prayer Service

Friday 6th March 2026 at 2.30pm

St. Margaret's Church Centre

We look forward to welcoming you there

St. Margaret's Church is committed to safeguarding all worshippers, staff and visitors.

If you have any concerns, please refer to the noticeboards on how to voice your concern.

NB: The 10am service is livestreamed

Only central front seats are in view of the camera

Toilet & Baby Changing available in the Centre

CONTACT DETAILS

Rector

Revd. Canon Simon Stokes
simon@stmargaretslowestoft.co.uk
01502 573046 or 07771 520085

THURSDAYS ARE SIMON'S DAY

Office

01502 561973
office@stmargaretslowestoft.co.uk
Tues & Wed 9am – 3.30pm
Fri 8.30am – 5pm

01.03.26

WELCOME TO

ST. MARGARET'S CHURCH

LOWESTOFT



If you would like to make an offering to St. Margaret's please place your gift either on the collection plate before the service or use the card-reader at the back of church.

Your gift supports our ongoing mission work & helps towards the upkeep of this beautiful church.

Thank you for your kind gift.

Sunday 1st March 2026

2nd Sunday of Lent

10.00am Sung Eucharist

Mass Setting: Mass of St. Thomas
Presiding & Preaching: Canon Simon
(with the help of the young people)

Reading: Genesis 12: 1-4a

Gospel: John 3: 1-17

Hymns: 595, 700, 667, 146
& 593 (omitting * verses)

Anthem: Be thou my vision (Chilcott)



SCAN FOR
SERVICE
BOOKLET

Refreshments served afterwards

Sunday 8th March 2026

10am Sung Eucharist
11.45am Baptism – Ember Steel
4pm Sung Evensong

Collect (Prayer of the Week)

Almighty God,
by the prayer and discipline of Lent
may we enter into the mystery of Christ's
sufferings, and by following in his Way
come to share in his glory;
through Jesus Christ our Lord.

Prayers for Your Parish - Street by Street

This week, please pray for the residents of:

Butley Drive – Map no. 62 / Ref. F / G 5
Bourne Road – Map no. 68 / Ref. F / G 9
Belmont Gardens – Map no. 71 / Ref. G 8

Readings for Sunday 1st March 2026

Old Testament: Genesis 12: 1-4a

The Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.'

So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran.

New Testament: Romans 4: 1-5, 13-17

What then shall we say that Abraham, our forefather according to the flesh, discovered in this matter? If, in fact, Abraham was justified by works, he had something to boast about—but not before God. What does Scripture say? "Abraham believed God, and it was credited to him as righteousness." Now to the one who works, wages are not credited as a gift but as an obligation. However, to the one who does not work but trusts God who justifies the ungodly, their faith is credited as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations') - in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Gospel: John 3: 1-17

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one

can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things? 'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. 'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

Post Communion Prayer

Almighty God,
you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies, and inwardly in our souls;
that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.