# ST. MARGARET'S CHURCH LOWESTOFT

# Holy Communion for Trinity & Ordinary time SERVICE ONE

Sunday 9<sup>th</sup> June 2024 – 2<sup>nd</sup> Sunday after Trinity



**WELCOME & Introduction** 

Deacon: Gill Presiding & Preacher: Canon Simon Stokes

We meet in the presence of God who knows our needs, feels our pain, and shares our joy. This is the day that the Lord has made. **We will rejoice and be glad in it.** 

HYMN: 581 – Lord of lords and Kings eternal

Lord of lords and King eternal, down the years in wondrous ways you have blessed our land and guided, leading us through darkest days. For your rich and faithful mercies, Lord, accept our thankful praise.

Speak to us and every nation, bid our jarring discords cease; to the starving and the homeless bid us bring a full release; and on all this earth's sore turmoil breathe the healing of your peace. Love that binds us all together be upon the church outpoured; shame our pride and quell our factions, smite them with your Spirit's sword; till the world, our love beholding, claims your power and calls you Lord.

Brace the wills of all your people who in every land and race know the secrets of your kingdom, share the treasures of your grace; till the summons of your Spirit wakes new life in every place.

Saviour, by your mighty Passion once you turned sheer loss to gain, wresting in your risen glory victory from your cross and pain; now O Saviour, dead and risen, in us triumph, live, and reign.

Jack Copley Winslow (1882–1974)

The Lord be with you **And also with you.** 

Let us worship the Lord. Thanks be to God.

#### **Prayers of Penitence**

We are invited to confess what we have done wrong using these or other suitable words

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life. Therefore let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all. Confession (please sit or kneel)

Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.

Almighty God, who forgives all who truly repent, have mercy upon us, pardon and deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in life eternal; through Jesus Christ our Lord.

Amen.

#### **THE GLORIA**

(If you are able, please stand to sing the Gloria)

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE COLLECT (Prayer of the week - found on the pew sheet)

Faithful Creator, whose mercy never fails: deepen our faithfulness to you and to your living Word, Jesus Christ our Lord. THE LITURGY OF THE WORD (Please sit)

All Age Talk

**BIBLE READINGS** 

1 Samuel 8: 4 - 20 Read by Charles

Fed up, all the elders of Israel got together and confronted Samuel at Ramah. They presented their case: "Look, you're an old man, and your sons aren't following in your footsteps. Here's what we want you to do: Appoint a king to rule us, just like everybody else." When Samuel heard their demand - "Give us a king to rule us!" - he was crushed. How awful! Samuel prayed to GOD.

GOD answered Samuel, "Go ahead and do what they're asking. They are not rejecting you. They've rejected me as their King. From the day I brought them out of Egypt until this very day they've been behaving like this, leaving me for other gods. And now they're doing it to you. So let them have their own way. But warn them of what they're in for. Tell them the way kings operate, just what they're likely to get from a king."

So Samuel told them, delivered GOD's warning to the people who were asking him to give them a king. He said, "This is the way the kind of king you're talking about operates. He'll take your sons and make soldiers of them—chariotry, cavalry, infantry, regimented in battalions and squadrons. He'll put some to forced labour on his farms, ploughing and harvesting, and others to making either weapons of war or chariots in which he can ride in luxury. He'll put your daughters to work as beauticians and waitresses and cooks. He'll conscript your best fields, vineyards, and orchards and hand them over to his special friends. He'll tax your harvests and vintage to support his extensive bureaucracy. Your prize workers and best animals he'll take for his own use. He'll lay a tax on your flocks and you'll end up no better than slaves. The day will come when you will cry in desperation because of this king you so much want for yourselves. But don't expect GOD to answer." But the people wouldn't listen to Samuel. "No!" they said. "We will have a king to rule us! Then we'll be just like all the other nations. Our king will rule us and lead us and fight our battles."

For the word of the Lord. **Thanks be to God.** 

#### 2 Corinthians 4: 13 – 5:1 Read by Amelia

Just as we have the same spirit of faith that is in accordance with scripture - 'I believed, and so I spoke'—we also believe, and so we speak, because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence. Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase

thanksgiving, to the glory of God. So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal. For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens.

For the word of the Lord. **Thanks be to God.** 

HYMN: 2 – Christ, whose glory fills the skies

Christ, whose glory fills the skies, Christ the true, the only Light, Sun of Righteousness, arise! Triumph o'er the shades of night: Dayspring from on high, be near; Daystar, in my heart appear.

Dark and cheerless is the morn unaccompanied by thee; joyless is the day's return, till thy mercy's beams I see, till they inward light impart, glad my eyes, and warm my heart.

Visit then this soul of mine! Pierce the gloom of sin and grief Fill me, radiancy divine; scatter all my unbelief; more and more thyself display, shining to the perfect day.

CHARLES WESLEY (1707-1788)

**GOSPEL READING:** *Mark* **3**: **20** - **end** (*Please remain standing*)

These words may be used:

Alleluia, alleluia! Glory to the Father, and to the Son, and to the Holy Spirit, one God, who was, and who is, and who is to come, the Almighty. **Alleluia!**  When the Gospel is announced:

Hear the Gospel of our Lord Jesus Christ according to St Mark. *Glory to you, O Lord.* 

The crowd came together again, so that Jesus and his companions could not even eat. When his family heard it, they went out to restrain him, for people were saying, 'He has gone out of his mind.' And the scribes who came down from Jerusalem said, 'He has Beelzebul, and by the ruler of the demons he casts out demons.' And he called them to him, and spoke to them in parables, 'How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered. 'Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness but is guilty of an eternal sin' - for they had said, 'He has an unclean spirit.' Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, 'Your mother and your brothers and sisters are outside, asking for you.' And he replied, 'Who are my mother and my brothers?' And looking at those who sat around him, he said, 'Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother.'

This is the Gospel of the Lord. *Praise to you, O Christ.* 

**SERMON:** Canon Simon

**AFFIRMATION OF FAITH** (If you would like to, please stand as we affirm our faith)

We believe in God the Father, from whom every family in heaven and on earth is named.

We believe in God the Son, who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit, who strengthens us with power from on high.

We believe in one God; Father, Son and Holy Spirit. Amen. PRAYERS OF INTERCESSION led by Christine Stokes (Please sit or kneel)

These responses may be used:

Lord, in your mercy, **Receive our prayer.** 

At the end: Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

CALLING OF BANNS OF MARRIAGE, NOTICES AND TIME OF SHARING

**THE PEACE** (If you would like to, please stand)

These words may be used:

We are the body of Christ, by one spirit we were all baptised into one body. Let us pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you and also with you.

**Deacon:** Let us offer one another a sign of peace.

OFFERTORY HYMN 587 - Amazing grace

(During the hymn the bread & wine are brought forward and the altar is prepared)

Amazing grace how sweet the sound That saved a wretch like me! I once was lost, but now I'm found, Was blind, but now I see.

'Twas grace that taught my heart to fear, And grace my fears relieved; How precious did that grace appear The hour I first believed. Through many dangers, toils and snares I have already come. 'Tis grace has brought me safe thus far, And grace will lead me home.

The Lord has promised good to me, His word my hope secures; He will my shield and portion be As long as life endures.

Yes, when this flesh and heart shall fail And mortal life shall cease: I shall possess, within the veil, A life of joy and peace.

The earth shall soon dissolve like snow, The sun forbear to shine; But God, who called me here below, Will be forever mine.

JOHN NEWTON (1725-1807)

With this bread that we bring we shall remember Jesus.

With this wine that we bring we shall remember Jesus.

Bread for his body, wine for his blood, gifts from God to his table we bring. **we shall remember Jesus.** 

EUCHARISTIC PRAYER (please sit or kneel)

[The Choir may remain standing]

The Lord is here. His Spirit is with us.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise! Lord of all life, you created the universe where all living things reflect your glory. You give us this great and beautiful earth to discover and to cherish.

You sent your Son to live among us, Jesus our Saviour, Mary's child. He suffered on the cross; he died to save us from our sins; he rose in glory from the dead, and we share his risen life.

You send your Spirit to bring new life to the world, and clothe us with power from on high. And so we join the angels to celebrate and sing:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna, in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Father, on the night before he died,Jesus shared a meal with his friends.He took the bread and thanked you.He broke it, and gave it to them, saying:Take and eat; this is my body, given for you.Do this in remembrance of me.

After the meal, Jesus took the cup of wine. He thanked you, and gave it to them, saying: Drink this, all of you. This is my blood, the new promise of God's unfailing love. Do this in remembrance of me.

Father, as we bring this bread and wine, and remember his death and resurrection, send your Holy Spirit, that we who share these gifts may be fed by Christ's body and his blood. Pour your Spirit on us that we may love one another, work for the healing of the earth, and share the good news of Jesus, as we wait for his coming in glory.

Deacon: Great is the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

## THE LORD'S PRAYER

United as one body, we pray for the coming of God's Kingdom in heaven and on earth, using the words our Saviour taught us:

Our Father in heaven hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the Kingdom, the power, and the glory are yours now and forever. Amen.

## **BREAKING OF THE BREAD**

We break this bread to share in the body of Christ. Though we are many, we are one body because we all share in one bread.

The Agnus Dei is sung:

Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us. Jesus, redeemer of the world, grant us your peace. Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

All are welcome to come forward to receive the bread and the wine or a blessing, it is helpful for us if you say your name when you come to the front.

An anthem is usually sung by the Choir and then a **HYMN** is also sung during Communion. (Please remain seated)

Anthem: Lead me, Lord (S.S. Wesley)

HYMN: 592 – As the deer

As the deer pants for the water, So my soul longs after you. You alone are my heart's desire And I long to worship you.

You alone are my strength, my shield, To you alone may my spirit yield. You alone are my heart's desire And I long to worship you.

*I want you more than gold or silver, Only you can satisfy. You alone are the real joy-giver And the apple of my eye.* 

You alone are my strength, my shield, To you alone may my spirit yield. You alone are my heart's desire And I long to worship you.

You're my friend and you're my brother, Even though you are a king. I love you more than any other, So much more than anything.

Martin Nystrom b. 1956

#### POST COMMUNION PRAYER

Said by a minister and found on the weekly pew sheet.

Loving Father, we thank you for feeding us at the supper of your Son: sustain us with your Spirit, that we may serve you here on earth until our joy is complete in heaven, and we share in the eternal banquet with Jesus Christ our Lord.

#### THANKSGIVING PRAYER

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

HYMN 636 - For the music of creation

For the music of creation, for the song your Spirit sings, for your sound's divine expression, burst of joy in living things: God, our God, the world's composer, hear us, echoes of your voice music is your art, your glory, let the human heart rejoice!

Psalms and symphonies exalt you, drum and trumpet, string and reed, simple melodies acclaim you, tunes that rise from deepest need, hymns of longing and belonging, carols from a cheerful throat, lilt of lullaby and love-song catching heaven in a note. All the voices of the ages in transcendent chorus meet, worship lifting up the senses, hands that praise and dancing feet; over discord and division music speaks your joy and peace, harmony of earth and heaven, song of God that cannot cease!

Shirley Erena Murray (b. 1931) Words: © 1992, Hope Publishing Company, Carol Stream, IL 60188, USA. All rights reserved.

THE BLESSING

May the Lord bless you and keep you. May the Lord make his face shine upon you and be gracious to you. May the Lord lift up his countenance upon you and give you peace.

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you, be upon those you love, pray for and care for now and for evermore. **Amen.** 

THE DISMISSAL

Deacon: Go in peace to love and serve the Lord. *In the name of Christ. Amen.* 

or

By the power of the Spirit, we take into our community the peace and love of God.

In the name of Christ. Amen.



